



PROSPECT CAFÉ & BAKERY 2019

1 PROSPECT ROAD, PROSPECT 5082

Phone: 82695088

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TO ORDER, CLEARLY LABEL THE ENVELOPE/BAG AND ENCLOSE THE CORRECT MONEY

ROLLS or SANDWICHES (WHOLEMEAL BREAD ONLY)

VEGEMITE	ROLL	\$3.50	SANDWICH	\$3.20	SALAD	ALL SERVED WITH LETTUCE, TOMATO, CARROT & CUCUMBER
CHEESE	ROLL	\$4.70	SANDWICH	\$4.50	BOWL	
HAM	ROLL	\$5.50	SANDWICH	\$4.50	BOWL	
TUNA	ROLL	\$5.50	SANDWICH	\$4.50	BOWL	
SALAD	ROLL	\$4.70	SANDWICH	\$4.00	BOWL	
WRAP	WRAP \$5.50 (PORK, CHICKEN OR TUNA)					

- \$3.20 😊 VEGEMITE SCROLL
- \$3.20 😊 CHEESE & BACON SCROLL
- \$3.50 😊 MINI PIZZA
- \$3.50 😊 HAM & CHEESE CROISSANT

GRILLED CHICKEN ROLL 😊

BBQ PORK ROLL 😊

ROAST PORK ROLL 😊

COMBINATION ROLL 😊

COLD ROLLS 😊 (CHICKEN or BBQ PORK)

LARGE	\$5.50	SMALL	\$4.50	INCLUDES: CARROT ONIONS RADISH CUCUMBER CORRIANDER
LARGE	\$5.50	SMALL	\$4.50	
LARGE	\$6.50	SMALL	\$4.50	
LARGE	\$6.50	SMALL	\$4.50	
PACK OF 2	\$4.00	PACK OF 3	\$5.00	

- \$6.50 SMALL NOODLE WITH SALAD (PORK or BBQ or GRILLED CHICKEN) 😊
- \$9.00 LARGE NOODLE WITH SALAD (PORK or BBQ or GRILLED CHICKEN) 😊
- \$1.80 DIM SIM (STEAMED) 😊
- \$4.50 SMALL- FRIED RICE 😊
- \$8.00 LARGE- FRIED RICE 😊
- \$5.00 SMALL- NOODLE STIR FRY & VEGETABLES (CHICKEN or PORK or COMBO) 😊
- \$8.50 LARGE- NOODLE STIR FRY & VEGETABLES (CHICKEN or PORK or COMBO) 😊
- \$9.50 STEAMED RICE WITH CUCUMBERS & TOMATOES (CHICKEN or PORK or COMBO) 😊



The GREEN choices – best and healthiest. ✓✓



The AMBER choices – choose carefully- eat in moderation.

ONLY FOOD ON THIS MENU WILL BE SUPPLIED TO PROSPECT PRIMARY STUDENTS.

Wednesdays and Fridays only.

Menu takes effect from 29/01/2019